

2/4

r l r l r l r l

2/4

r l l r l l r l r l l r l l

2/4

r l r l r l r l r l r l

2/4

r l r r l r r l r l r l

2/4

r r r l r r r l r l r l

r r l r r l r l r l r l

2/4

r l r l r l r l r l r l

R L R L R L R L R L R L R L

2/4

r l r l r l r l r l r l

R L R L R L R L R L R L R L

2/4

r r l r r l r l r l r l

R R L R R L R L R L R L R L

2/4

r r l r l r r l r l r l

R R L R L R R L R L R R L R L

Four staves of musical notation for a drum set exercise. Each staff shows a sequence of four measures with rhythmic patterns and foot indicators (R for right, L for left). The patterns are:

Staff 1:  $\text{R L R L R L R L R L R L R L R L}$

Staff 2:  $\text{R L R L R L R L R L R L R L R L}$

Staff 3:  $\text{R L R L R L R L R L R L R L R L}$

Staff 4:  $\text{R L R L R L R L R L R L R L R L}$